



Dear Patient,

Medicare will now pay for an **Annual Wellness Visit** and certain screening tests without deductibles or copays. As your health care provider, we encourage you to have one every year and want you to be aware of the specific Medicare guidelines for the wellness visit. An Annual Wellness Visit is not a comprehensive physical exam.

The Annual Wellness Visit will include:

- Updating your medical and social history, including a list of all your health care providers
- Assessing health risk factors and the presence of any medical conditions
- Blood pressure, height, weight and BMI measurements.
- Screening for conditions related to cognitive impairments, depression and functional status.

At this visit your provider will work with you to create a personalized plan to help keep you healthy over the next few years. Subsequent Annual Wellness Visits will update the information gathered at the first visit.

The Annual Wellness Visit is not a physical exam but rather a review of your health, plus education and counseling about preventive services. To provide our patients with the most comprehensive medical care, if you have other chronic or acute medical conditions we may perform a physical exam and/or cover medical issues at the time of your appointment which is not considered part of the Annual Wellness Visit by Medicare. If this is done, a separate office visit charge will be billed where deductibles and copays would apply.

**Preparation for your visit**

Arrive 15 minutes early to complete a Medicare Annual Wellness Visit Questionnaire.

**Bring:**

- All prescription and over-the-counter medications, inhalers, vitamins or supplements in their bottles.
- Name, address and phone number of any specialist(s) you may have seen since your last visit with us.
- A copy of your Advance Directive or Durable Power of Attorney for Healthcare if you have not already provided us with one.

Sincerely,

Your Infinity Primary Care Provider